

LIVE GREEN! MONTHLY

NOVEMBER 2022



"AT TIMES, OUR OWN LIGHT GOES OUT AND IS REKINDLED BY A SPARK FROM ANOTHER PERSON. EACH OF US HAS CAUSED TO THINK WITH DEEP GRATITUDE OF THOSE WHO HAVE LIGHTED THE FLAME WITHIN US."
-ALBERT SCHWEITZER

NOVEMBER 2022 VOLUME 13 ISSUE 2

In consideration for this month's theme of *Gratitude*, the Live Green! team was asked to share words and images that depict their gratefulness. We encourage our readers to reflect on what brings them gratitude!

Live Green! Monthly is a monthly publication from the Office of Sustainability at Iowa State University. Live Green! is Iowa State University's campus-wide sustainability initiative, encouraging all students, faculty and staff to be fully committed to and engaged in making our projects and initiatives, our operations and our campus environmentally, economically and socially sustainable.

CAMPUS SUSTAINABILITY UPDATES

Happy November!



Merry Rankin
Director of Sustainability
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The season of gratitude surrounds us. As leaves fall and nature begins to tuck-in for a much-deserved rest, we reflect on the gratitude of the gifts and bounty of warmer months – fresh produce, beautiful flowers and outdoor gatherings and recreation. As we look forward we anticipate countless moments of gratitude in holiday time with family and friends.

Although often considered a state of feeling, gratitude also is expressed through actions, consideration, planning and follow-up. This month's issue of Live Green! Monthly, touches on all these representations - innovation and entrepreneurship toward new products and services through Start Something College of Engineering; strategizing, evaluation and restructuring policies, priorities and opportunities to leave a lighter wastepprint on and off-campus; reinventing scraps and leftovers into upcycled and elevated experiences and countless opportunities to hear, give and resonate moments of gratitude through education, engagement and empowerment. This month's issue also reminds us that, although having seasons and holidays dedicated to exhibiting and embracing gratitude, moments of gratefulness surround us each and every day.

In gratitude we find, and we give, connection, relevance and dedication in our collective (and individual) journey, toward a sustainable future. Wishing you a month of feeling, giving and embracing gratitude – that carries forward infinitely.

Yours in green-ness,
Merry



Blake Van Der Kamp
Sustainability Director, ISU Student Government
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Hello Everyone,

It is hard to believe that we are already into November! The Sustainability Committee has been working non-stop on projects and has begun approving some Green Initiatives Fund applications. Some important project highlights include the return of Town Halls with one event in the works for early February of 2023, right before [Sustainaplooza](#), on February 21. The committee has also been in communication with the Memorial Union and other entities on campus to investigate how we can be more sustainable in our practices.

More recently, the Sustainability Committee had the opportunity to table at the Campus Sustainability Month Celebration, on October 25.

At the event, attendees had the opportunity to learn more about the Student Government, the goals and initiatives of the Sustainability Committee and how to get involved. Members of the committee, taking part in tabling at the event, also had the opportunity to gather ideas and feedback from attendees to assist the committee with future planning and engagement. If you are interested in learning more about how you can work alongside the Iowa State University Student Government's Sustainability Committee, feel free to contact me via my email, blakevdk@iastate.edu

And to stay in the loop about our upcoming projects and events, follow [@isusustainability](https://www.instagram.com/isusustainability) on Instagram. You can also find more updates to come in this month's Live Green! Monthly newsletter!

In Cardinal, Gold and Green,
Blake Van Der Kamp



Steven Kohtz

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Welcome to November – the month when America celebrates recycling! Here's what we are celebrating at ISU.

BOSS YOUR TOSS is the recycling campaign for the 2022-2023 school year. The focus of the campaign is to help students, faculty and staff understand they are the choice makers of where their waste goes - landfill or recycling.

BOSS YOUR TOSS is helping to educate the ISU community on what can and can not be put into single-stream recycling bins. Single-stream recycling means that all recyclable materials can go into one recycling bin. Items that can be single-stream recycled are paper, paper board (but not corrugated cardboard) metal bottles and cans, glass and "twist lid" and "tub" plastics.

As well as knowing what to throw, knowing how to throw is vital in successful recycling. Be mindful that poor choices can lead to damaging costs. If, for example, you choose to throw a half-sipped cup of coffee into recycling bin (causing coffee to spill onto everything), everything in the bin is considered "contaminated" and headed to the landfill instead of being recycled. Food-stained items are also considered contaminants - like a pizza box with oils on the box or stuck-on cheese remnants. So please **NO FOOD, FOOD STAINS OR LIQUIDS IN THE RECYCLING BINS!**

As well as a campaign, there is also a celebration! Join us - Tuesday, November 15

from 10 a.m. – 2 p.m. on the South Library Lawn to learn more about BOSS YOUR TOSS, test your recycling skills and be a part of a “I BOSS MY TOSS” promotional rap video. At 11:30 a.m., star in the “Recycling Shuffle;” viral line dancing video. Find more information about Boss Your Toss and the upcoming celebration on the [ISU Recycling Services website](#) and event [Twitter post](#).

Happy Recycling!
Steve

STUDENTS LIVING CARDINAL, GOLD AND GREEN



Start Something College of Engineering

Bringing out the innovator in every Cyclone, the Start Something Network provides academic opportunities specifically tailored to students in each of Iowa State University's colleges. This month, the Start Something Program in the College of Engineering is celebrated.

[Explore Student Sustainability Impact](#)

AMES SMART BUSINESS CHALLENGE SPOTLIGHT

Ames is excited to continue the Smart Business Challenge again this year! This program assists businesses in gaining more knowledge toward ensuring a sustainable future, both as a business and within a community. Through a checklist reporting process, businesses can receive bronze, silver, gold or platinum certification for their sustainable commitment. Thirty-eight businesses are currently participating in the Challenge, and new businesses are encouraged to join! To learn more and sign-up, visit the Smart Business Challenge page!



[Learn More](#)

NOW YOU KNOW | A Deeper Sustainable Dive



What's the Deal with Waste?

Through reuse, recycling and food waste (landfill) diversion, this month's Now You Know article celebrates waste initiatives at Iowa State University and offers readers opportunities to reduce their own waste.

CAMPUS SUSTAINABILITY MONTH CELEBRATION



The Office of Sustainability celebrated Campus Sustainability Month, October 25, on the South Library Lawn and featured campus and community organizations showcasing their commitment to environmental, economic and social sustainability through tabling and activities. Over 350 students, faculty and staff were in attendance during the four-hour celebration event.

[Read the Event Blog](#)

LIVE GREEN! MONTHLY CHALLENGE

Start the holiday season strong by challenging your waste footprint! Embark on a month-long journey of waste reduction by challenging yourself to easy and effective opportunities that can help our campus and community.



Take the Monthly Challenge

GREEN ENGAGEMENT OPPORTUNITIES



Pursue Your Entrepreneurial Adventure

November 12, 9 a.m. - 4 p.m., ISU Research Park Core Facility Training Room
Join in discussion topics essential to starting a small business including (but not limited to) insurance, managing finances and business organization. Attendees will also be able to ask questions of local businesses. Attendance is free but registration is required; to sign up, visit the [Workshop: Smart Start Small Business page](#) on the Iowa State University Event Calendar.

Feed Your Inner Bookworm

November 17-20, Ames Public Library, Thursday 5:30 - 8:30 p.m., Friday and Saturday 9 a.m. - 6 p.m. and Sunday 12 - 5 p.m.

Grow your home library and find some great bargains at the public library's book sale! Admission is \$2 on Thursday and free on Friday and Saturday. On Sunday, admission is \$1 and everything located in the library's auditorium is free.

Support Small Businesses by Shopping Local

November 12 and 26, varied hours and businesses

Support local businesses and nonprofits by taking a trip downtown on November 12 for the annual [Shop for a Cause](#) event! Select downtown businesses will be partnering with local nonprofits to raise awareness and support their missions. Parking is free all day for this event. On November 26, [Small Business Saturday](#), complete your holiday shopping locally in downtown Ames.

Get in the Know on the Ames Climate Action Plan

Nov. 15, City Hall Council Chambers, 6 p.m. and viewable on Facebook Live, YouTube Live and streaming from www.CityOfAmes.org

Learn more about our community's sustainable future at the November Ames City Council Workshop. The City's Climate Action Plan (CAP) project team, with support from consultants Sustainability Solutions Group, will provide CAP updates. The presentation will include a review of the "Six Big Moves" and 29 action steps necessary to achieving the Council's aspirational carbon reduction goal of 83 percent by 2030 and net zero by 2050. The project team has been analyzing each of the 29 action steps through the lens of feasibility, legal authority, cost, emissions reduction potential, and equity. Attend in person or view online. Information about the CAP process, including past workshop documents, can be found on the [City of Ames Climate Action Plan website](#).

Monthly Calendar

November 2, 6 p.m. | Stephens Auditorium

[A Conversation about the 1619 Project](#)

Iowa native and Pulitzer Prize winner Nikole Hannah-Jones discusses founding the 1619 Project – an endeavor toward reframing American history to bring the consequences of slavery and the contributions of black Americans at the very center of the story we tell ourselves about who we are as a country. The event will not be live-streamed or recorded. More information is available on the Iowa State University Lecture Series website.

November 3, 7 p.m. | Sun Room, Memorial Union

[Cities and Storms: Challenges and Solutions](#)

Jennifer Cherrier, PhD and professor at Brooklyn College-The City University of New York, shares her research work and expertise related water resource sustainability and nature-based approaches for offsetting urban flooding, as well as human impacts on marine and freshwater systems. Find more information and the event recording, available for two weeks, on the [Iowa State University Lectures Series website](#).

November 11, 7:30 - 9:30 p.m. | Stephens Auditorium

[Band Extravaganza](#)

The Iowa State University Wind Ensemble, jazzONE, State Storm and Varsity Marching Band come together for an evening of music. Admission is \$10 for adults and \$5 for youth and 65+. More information is available on the Iowa State University Department of Music and Theatre website.

November 17, 5:30 - 6:30 p.m. | Christian Petersen Art Museum, 1017 Morrill Hall

[Figural Expression through Motion: An Evening of Dance and Art](#)

A celebration of movement in dance and art, the evening features performances of original compositions from dance students and Orchestral dancers - inspired by their close investigations of the Double Take: Insights on Figural Expression exhibition. Registration is encouraged but not required and can be completed via the [Figural Expression](#) event page. For more information, visit the Iowa State University Museums website.

November 30, 10 a.m.- 1 p.m. | University Library Lobby

[Art Walk: Prints in the Art on Campus Collection](#)

In connection with the Brunnier Art Museum exhibition, [John Buck: Prints and Sculpture from the collections of Jordan D. Schnitzer and His Family Foundation](#), this Art Walk explores the art of printmaking through the many examples in the [Art on Campus Collection & Program](#). Learn more on the Iowa State University Museums website.

Explore All Live Green! Calendar Events

Have a green event, initiative or accomplishment that you would like to have featured?
Share it with us via email at livegreen@iastate.edu.

Set the course for a gratitude-filled November with chic, appealing and sustainably-inspired dishes and upcycles, perfectly suited for occasions to get together, enjoy and create with friends and family!



DIY Recycled Crayons

Create fun and new color combo crayons from used coloring bits!



Reclaimed Candles

Design new candles from old and experiment with making custom scents!



Rejuvenated Soap Scraps

Make your suds last by turning soap scraps into new one-of-a-kind bars!



Sautéed Lettuce

Transform leftover lettuce or other greens into a unique and healthy side dish!



Jam from Leftover Fruit

Rescue the last bits of fruit from your fridge and “jam them up” instead of tossing them out!



Fried Mashed Potato Cakes

Reinvent leftover mashed potatoes into potato cakes—all you need is 20 minutes!

Find More Recipes and GIYs on the Live Green! Pinterest Page

STAY CONNECTED TO LIVE GREEN!

livegreen.iastate.edu



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