

LIVE GREEN! MONTHLY

FEBRUARY 2023

"TO DO GOOD, YOU ACTUALLY HAVE TO DO SOMETHING."
-YVON CHOUINARD



About the Cover

This month, the team honors everyone on campus making a collective, positive impact on their surrounding environment, and the world! These are just a few of the many students, faculty and staff engaged in impact all over the globe in locations including: Argentina, Antarctica, Bhutan, the Caribbean, Costa Rica, France, Kenya, Montana, Panama, Rome, Sweden, Uganda and the U.S. Virgin Islands.

CAMPUS SUSTAINABILITY UPDATES



Merry Rankin
Director of Sustainability
mrankin@iastate.edu

Happy February!

What a month in front of us!! SO many education, engagement and empowerment opportunities this month - featuring the [2023 Symposium on Sustainability](#) – “Persistent Commitment Toward a Sustainable Future”.

This year's theme reminds us of the urgency before us in ensuring a sustainable future and also celebrating Iowa State University's ongoing persistent efforts – reflecting back and visioning forward... relentlessly, tenaciously and persistently. Read more about this year's event, February 20, 21 and 23, in the Symposium feature (in this month's newsletter) and on the [2023 Symposium on Sustainability webpage](#).

Speaking of persistent commitment, it brings me SO much pride to update you all on a sustainability honor received by Iowa State University (and earned by all students, faculty and staff) during semester break. In January, ISU was awarded a fourth consecutive gold certification, for collective commitment to and achievement in sustainability from the Association for the Advancement of Sustainability in Higher Education, Sustainability Tracking, Assessment & Rating System (AASHE STARS).

STARS is an international certification specifically targeting colleges and universities. Certification levels (bronze through platinum) are achieved through awarded points within seventeen areas of performance and 63 specific strategy areas, encompassing environmental, economic and social sustainability. Gathering and submitting information required for this three-year recertification takes nearly two years and involves experts and expertise from across campus, toward ensuring full representation of sustainability efforts, accomplishment and dedication. [Our 2022 submission](#), as well as all of our previous gold certifications, can be viewed on the [STARS website](#). Work toward continuous and persistent improvement is already underway for our 2026 submission. For now... Bask in the gold, Cyclones!

The consideration of persistent commitment is also woven throughout this month's [social media campaign](#) and issue of Live Green! Monthly. With a focus on collective impact, the February newsletter highlights and celebrates the dedication

and dedicated efforts required to achieve a sustainable future. Through the Start Something Program in the College of Liberal Arts and Sciences, sustainability champions before us and among us, Cyclone impact around the world and the diversity of sustainability events, opportunities and resources across campus and throughout our community - dedicated persistence abounds.

Wishing you an outstanding month ahead, sustained by boundless dedication and persistence - it truly makes gold!

Yours in green-ness,
Merry



Blake Van Der Kamp

Sustainability Director, ISU Student Government
blakevdk@iastate.edu

Happy Spring Semester, Everyone!

And wow, is sustainability growing all over campus! We have several notable events happening this month, including the George Washington Carver (GWC) Day Celebration and Sustainaplooza.

At the GWC Day Celebration, you can learn about the historic trailblazer George Washington Carver, an avid advocate for sustainability. This event will feature keynote speeches, poetry, snacks, and more from individuals across campus, including Dean Robison, President Wintersteen, CALS Council, and Student Government. To learn more about the event and Carver, you can visit www.cals.iastate.edu/george-washington-carver-day.



Steven Kohtz

Recycling and Special Events Coordinator
sakohtz@iastate.edu

Welcome back Cyclones and best wishes on your semester ahead!

Starting January 29, Iowa State will be participating for the fourth year, in the "Campus Race to Zero Waste" - a competition focused on how well colleges and universities recycle vs. how much waste is sent to the landfill.

In the past Iowa State has performed mid to average and sits about 49 out of 150 competing schools. While a competition is always exciting, we really focus on this annual opportunity as somewhat of a case study to help us observe and understand the practice and success of recycling on campus.

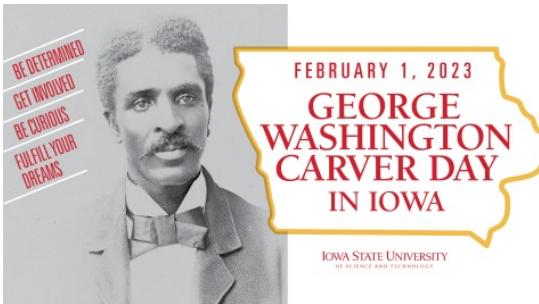
When it comes to Iowa State's practice of

In addition, the Sustainability Committee will be tabling at Sustainapalooza on February 21. Stay tuned about Sustainapalooza on the Facebook event page .

Finally, as a representative on the University Sustainability Committee, I want to inform of several opportunities for students to get involved. Specifically, related to two vacant student seats that the Committee is excited to fill with passionate individuals dedicated to promoting sustainability at Iowa State University and representing all undergraduate and graduate student voices. If you or someone you know is interested in this endeavor, please get in touch with me via email: blakevdk@iastate.edu.

I hope to see you all at our multiple-sustainable events this month!

In Cardinal, Gold, & Green,
Blake



recycling, unfortunately past years' gathering of information has revealed a good portion of our recycling is contaminated. Contamination happens when non-recyclables are put into the recycling bin. The biggest contamination challenge for us ... when food, liquid or food-stained items are found within the recycling bin. If contamination is prominent in the bin, sadly, all contents (including recyclables) are sent to the landfill.

Say NO to contamination!! Please make sure that your recycling is clean. If you have leftover food, PLEASE place it in a waste/trash bin or compost bin. If there is a swallow or more of liquid in your bottle, can or cup, PLEASE dump it out before you recycle. If your pizza box has oil stains on it, throw away the stained parts before recycling. The oil breaks down fibers, negatively impacting sturdiness capabilities for new paper products.

Remember - BOSS YOUR TOSS. Our success lies in all of us tossing correctly. Thank you for your help and commitment in ensuring a clean and "green" recycling stream.

If you have questions or concerns about recycling please email recycling@iastate.edu.

Happy Recycling!
Steve

SAVE THE DATE!

SYMPOSIUM ON SUSTAINABILITY

2023



February 20 - 21 | Memorial Union, Great Hall

SAVE THE DATES for the 2023 Symposium on Sustainability and accompanying Sustainapalooza event. This year's events will be held February 20, 21 and 23 in the Memorial Union. We are excited to welcome Bernardo del Campo on February 20, as this year's opening speaker for the Symposium. An Iowa State University alumnus, Dr. del Campo is founder and CEO of ARTi – Pyrolysis Reactors & Biochar Solutions, focused on the connection of atmospheric carbon sequestration and healthy, productive soils. As an extra bonus, we are also partnering with the College of Engineering, as part of Engineering Week, to welcome keynote speaker Christine Ervin on February 23. Ms. Ervin has served as the first president and CEO for the U.S. Green Building Council and as U.S. Assistant Secretary of Energy.

On February 21, Sustainapalooza 2023: "The Urgency is Now" happens! Sustainapalooza offers multiple opportunities for education, engagement, and empowerment through a wide variety of activities, including a clothing swap, as well as poster, artwork and tabling displays. Additionally, attendees can "create sustainably" at four Green-It-Yourself (GIY) Centers (including Mason jar recipes, "give back" first aid kits, green cleaning and clothing repair and sewing basics). Come to enjoy food and refreshments made from local ingredients, win sustainability-focused prizes, and write a "Challenge for Urgency" postcard as part of the interactive Green Wall!

Interested in a sustainability leadership opportunity? Volunteer at Sustainapalooza! The events team is offering a wide variety of hands-on opportunities, during the event and behind the scenes in event set-up and tear down. EVERY skill level is needed! Fill out this [Signup Genius](#) survey to sign up!

For more information, visit the [Sustainapalooza Facebook event page](#) or email the Live Green! Event Team, Haylie Moore at hxmoore@iastate.edu and Haley Wegener at hwegeger@iastate.edu.

STUDENTS LIVING CARDINAL, GOLD AND GREEN



Start Something College of
Liberal Arts and Sciences

Bringing out the innovator in every

Explore Student Sustainability Impact

Cyclone, the Start Something Network provides academic opportunities specifically tailored to students in each of Iowa State University's colleges. This month, the Start Something Program in the College of Liberal Arts and Sciences is celebrated.

NOW YOU KNOW | Looking Back to Move Forward



As we look ahead at new opportunities toward a sustainable future, it is important to reflect back on the champions, leaders and activists that have helped shape and influence the sustainable state of our world. Through ideas and innovations, their efforts emphasize how, through even the smallest of changes in our daily lives, we can collectively provide the sustainability efforts to ensure a sustainable future for present-day living and beyond.

[Read Full Article](#)

LIVE GREEN! MONTHLY CHALLENGE

Charge into the spring semester by challenging yourself to incorporate sustainability into your daily life with this Iowa State-themed board game! Each day embarks on a small step forward toward being more sustainable.



[Take the Monthly Challenge](#)

GREEN ENGAGEMENT OPPORTUNITIES

neighbor connection
idea action
planet society togetherness humanity
community innovation
cooperation team environment
energy alliance
social participate
united donation growth future
volunteer leadership
support campus
development
collaborate multicultural
local

ISU is joining hundreds of schools around the U.S. in showing off our recycling skills! During this 8-week competition, January 29 – March 25, ISU will be gathering and submitting weights of recycling and waste collected each week – with the goal of recycling instead of trashing. ISU will be competing in three areas – Total Waste, Computer Waste and Food Waste. PLEASE spread the word and do YOUR part to recycle (properly and whenever possible)! Contact ISU Recycling Coordinator Steve Kohtz at sakohtz@iastate.edu for more information and any questions.

Provide Your Climate Action Insight

Toward finalizing the City of Ames' first Climate Action Plan, all residents (18 and older) are asked to share their perspectives and thoughts specifically related to barriers in achieving their own conservation efforts and reducing their personal carbon footprint. The 10-question survey is available on the [City of Ames website](#). The survey closes on February 6.

Pitch Your Business or Product Idea

This month, Students Living Cardinal, Gold and Green highlights the Start Something program in the College of Liberal Arts and Sciences. The College-by-College Pitch-Off takes place throughout the month of February; students in the College of Liberal Arts and Sciences Pitch-Off is February 21 from 3 - 5 p.m. Students in all colleges will have 90 seconds to pitch their existing business or product or an idea they are working to get off the ground. To learn more about the event and register, visit the [event page on the ISU Pappajohn Center website](#). Students can find the pitch-off date for their college on the [main events page](#).

Submit Your Best Nature Photos

Each year, Story County Conservation puts on a photo contest. Submissions are accepted from February 1 - March 20, and both adult and youth categories are available. To learn more about the contest rules and how to enter, visit the [Story County Conservation website](#). Each photographer may submit up to three digital entries. Photographers do not have to live in Story County to participate.

Monthly Calendar

February 3, 1 p.m. | Ames Public Library

[Celebrate the Combination of Creative Writing and Environment](#)

Join alumni of Iowa State University's Creative Writing and Environment Masters of Fine Arts program in Creative Writing and Environment in sharing their work at the [MFA Home Voices Festival](#) on February 3 from 1 - 4:30 p.m. This event, hosted at the Ames Public Library, will include alumni readings, a panel and light refreshments. Dog Eared Books will be holding a book signing and reception after the event.

February 9, 12 p.m. | Christian Petersen Art Museum: 1017 Morrill Hall

[Sketching on Napkins Take 2 | The Jack Trice Tribute Story: "Breaking Barriers"](#)

Explore the recent sculpture by public artist Ivan Toth Depeña that honors, commemorates and memorializes Trice's campus legacy through artwork. This event is one of many ways Iowa State is honoring Jack Trice's legacy. The exhibit ["Through the Photographic Lens of King Au: Honoring Jack Trice"](#), another aspect of the celebration, will be in the Christian Petersen Art Museum until October 6, 2023.

February 15, 6 p.m. | Room 3560, Memorial Union

[A History of the World in Seven Cheap Things](#)

Learn from Raj Patel as he describes the cost it takes to make the world cheap and safe for capitalism through seven things: nature, money, work, care, food, energy and lives. Patel will describe how these seven things have shaped our world thus far and will continue to do so as we move toward the future.

February 16, 6 p.m. | Great Hall, Memorial Union

[Karagöz Performance of "Forest of the Witch"](#)

Experience traditional Turkish shadow theater through The Forest of the Witch, a modern retelling of an Anatolian shadow play. Ayhan Hulagu is one of only a few artists in the

world that have been trained in the art form. This event is free, and a recording will be available for two weeks on the Lectures website to those with an Iowa State login at <https://www.lectures.iastate.edu/recording/available-recordings>.

February 19, 2 - 3 p.m. | Brunnier Art Museum, Scheman Building

Leave it in the Ground: Poems and Drawings

Consider the true cost of oil extraction on North Dakota and the world as you listen to Debra Marquart read from her in-progress book-length poem Leave it in the Ground. The poem is a collaboration with Tom Rice, who has created large-scale drawings to bring her words to life. Registration is not required, but can be completed at <https://www.museums.iastate.edu/calendar/leave-ground/>

February 23, 7 p.m. | Great Hall, Memorial Union

Leveraging Crisis Into Opportunity

Join the 2023 Symposium on Sustainability's keynote speaker Christine Ervin, as she discusses the roles of public, private and nonprofit leaders in fostering green markets and a healthy climate. The lecture will be recorded and available for two weeks on the Lectures website: <https://www.lectures.iastate.edu/recording/available-recordings>.

[Explore All Live Green! Calendar Events](#)

Have a green event, initiative or accomplishment that you would like to have featured?

Share it with us via email at livegreen@iastate.edu.

RECIPES AND GREEN-IT-YOURSELF (GIY)

Challenge yourself toward addressing areas of collective urgency, through personal decisions, with these opportunities supporting environmental and economic sustainability.



Recycled Notepads

Reuse scrap paper to make your own sustainable notepad - perfect for to-do lists or jotting down ideas.

DIY Dishwasher Tabs

Save money and minimize your impact on waterways while doing your dishes- add your favorite essential oil to personalize the scent.

DIY laundry detergent

Reduce plastic waste and unneeded chemicals by making your own laundry detergent with only a few simple ingredients.



Popcorn

Pop out this recipe for DIY popcorn for your next movie night, right in your dorm.

Homemade Ice Cream

Satisfy your sweet tooth - in the perfect amount - through single serving homemade ice cream.

Granola

Create tasty and healthy granola, at a fraction of pre-made cost, for breakfast or a snack between classes.

Find More Recipes and GIYs on the Live Green! Pinterest Page

STAY CONNECTED TO LIVE GREEN!

livegreen.iastate.edu



Live Green! Monthly is a monthly publication from the Office of Sustainability at Iowa State University. Live Green! is Iowa State University's campus-wide sustainability initiative, encouraging all students, faculty and staff to be fully committed to and engaged in making our projects and initiatives, our operations and our campus environmentally, economically and socially sustainable.

FEBRUARY 2023 VOLUME 13 ISSUE 4

Iowa State University Facilities Planning and Management | 108 General Services Building, 700 Wallace Road, Ames, IA 50011

[Unsubscribe](#) gtholtz@iastate.edu

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by livegreen@iastate.edu in collaboration with



Try email marketing for free today!