

LIVE GREEN! MONTHLY

FEBRUARY 2022

"GREAT THINGS ARE
DONE BY A SERIES
OF SMALL THINGS
BROUGHT TOGETHER."

- VINCENT VAN GOGH



CAMPUS SUSTAINABILITY UPDATES



Merry Rankin

Director of Sustainability
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Happy Spring Semester 2022!

Welcome back to campus, everyone! Here's hoping your break was filled with fond memories and lots of restorative rest and relaxation!

Now... a fabulous green-filled semester awaits and the Live Green! Team is so excited to kick it off in GRAND style this month with the [2022 Symposium on Sustainability](#) and [Sustainapalooza](#) events, February 21-22. Stay tuned to the [Sustainapalooza Facebook event page](#), Live Green! website and our social media platforms for all the news and updates – and check out the sneak peek look in this month's newsletter!!

The theme of this month's issue – "Small Acts, Big Impact", reminds us of the importance of each decision in every day that we make as individuals. While seemingly insignificant within our own space, collectively the opportunity to shift change and create impact is breathtaking. This month's theme interweaves directly with the focus and theme of this year's Symposium, "Collective Commitment Toward a Sustainable Future". A month brimming with unlimited possibilities of individual discovery and infinite impact.

We look so forward to the impactful month ahead!

Yours in green-ness, Merry



Elizabeth Smith

Sustainability Director, ISU Student Government
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Welcome back, Cyclones!

I hope you had a restful break- I know I sure did! This month, in preparation for Sustainapalooza, the focus all about small acts. Sustainability is a big concept, and it can be easy to feel intimidated. My advice: focus on taking one step at a time. There is no need to try to make every possible step all at once! Just keep moving forward!

Related to small acts opportunities, the Student Government Sustainability Committee will be tabling at Sustainapalooza on February 22 at the MU, from 5-8 p.m., and we'd love to help you find small acts connections.

SAVE THE DATE! The Ames Climate Action Plan ISU student representatives are hosting a town hall meeting to answer questions and gather feedback on February 7, from 6-8 p.m. in the MU Cardinal Room.

For more information and to stay updated, follow us on Instagram @isusustainability.

Sustainably,
Elizabeth



Ayodeji Oluwalana

Recycling and Special Events Coordinator
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Welcome to 2022!

Thank you for your tremendous support for the recycling program last year and we hope you will continue to support our waste reduction and diversion efforts in the new year. Here are the first newsletter for the year 2022! highlights.

First, we are set for our annual recycling competition "Campus Race to Zero Waste Competition" (formerly Recyclemania) which started on Jan 30. It is a competition Iowa State have participated in for three consecutively years efforts to advance campus recycling and waste reduction efforts.

Second, our goal this year is to encourage everyone on campus to cultivate simple and daily acts of waste reduction and have provided few ways to do so.

Read full details in the February Recycling Update on the [ISU Recycling Services website](#).

Happy Recycling!
Ayo

LIVE GREEN! LEADERSHIP TEAM FAREWELLS AND WELCOMES

A lot of excitement has happened over semester break for the team. Two members were offered dream opportunities and we bid them all the very best, gratitude for all they added to Live Green! and a fond farewell. Three new members joined the team, enthusiastic for a green-filled semester and we are excited to welcome them!

Farewell Chloe and Natalie!



Welcome Valentine, Reese and Nicole!



Valentine Chenus

Campus and Community Engagement (Spring 2022)



Reese Cox

Marketing and Communications (Spring 2022)



Nicole Haverback

Marketing and Communications (Spring 2022)

[Read the Full Team Update](#)

STUDENTS LIVING CARDINAL, GOLD AND GREEN

Eight Years of Smart Businesses

A committed student effort has been in place since 2014, related to educating, engaging and empowering the business community in opportunities toward a sustainable future.

The City of Ames Smart Business Challenge celebrates its eight year in 2022 and the dedicated teams of interns that have increased and enhanced its relevancy, applicability and impact to a diversity of community businesses.



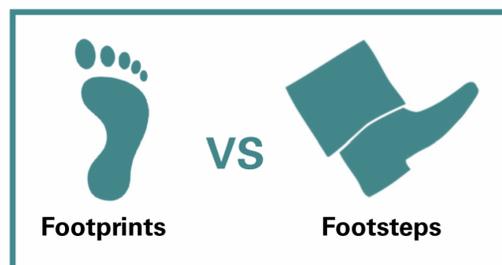
[Explore Student Sustainability Impact](#)

NOW YOU KNOW | A Deeper Sustainable Dive

The Everyday Sustainable Difference

Every day, we experience multiple opportunities to make decisions that impact our lives and the lives around us. These decisions range from simple to complex.

This month's Now You Know reading comes from the October 2016 issue of Live Green! Monthly. Written by former Marketing and Communications interns Caitlin Deaver and Rebekah Mallette, the article offers a deeper dive into taking footsteps instead of leaving footprints.



[Read the Full Article](#)

SYMPOSIUM ON SUSTAINABILITY 2022

COLLECTIVE COMMITMENT TOWARD A SUSTAINABLE FUTURE

SAVE THE DATES!

KEYNOTE SPEAKER

FEBRUARY 21, 2022 | 7 p.m. via Webex

SUSTAINAPALOOZA

FEBRUARY 22, 2022 | 5-8 p.m. @ Memorial Union

Collective Commitment Toward a Sustainable Future

The [Symposium on Sustainability](#) is an annual event dedicated to the celebration and showcasing of ISU student, faculty and staff sustainability commitment, initiatives and accomplishments. The event features a keynote speaker highlighting excellence nationally and/or internationally in environmental, economic or social sustainability.

Accompanying the Symposium is the annual [Sustainapalooza](#) event, which offers interactive GIY "Green-It-Yourself" Centers, opportunities to explore and pledge individual sustainability commitment, a clothing swap, sustainable art, tabling by campus and community sustainability organizations, sustainably-minded giveaways, as well as local food and food ingredient refreshments.

Join us for the [2022 Symposium on Sustainability](#) and [Sustainapalooza](#) to explore how small acts can add up to a great sustainable impact as we consider a "Collective Commitment Toward a Sustainable Future" at Iowa State University.

[Read More About the Event](#)

LIVE GREEN! MONTHLY CHALLENGE

Our sustainable future is created one person, one action at a time. It is through the uniting of individual efforts that we can make great strides toward a sustainable society! This monthly challenge allows you start your sustainable journey where you are by finding new uses for items around your home that may otherwise be deemed waste. The Live Green! Leadership Team has shared some ideas to get you started. Start this month's challenge and learn all about them.



[Take the Monthly Challenge](#)

GREEN ENGAGEMENT OPPORTUNITIES



Make Big Waves in the U.S. Virgin Islands

Live and learn in the U.S. Virgin Islands this summer through the Common Tides environmental education and leadership expeditions. Applications for all programs are due February 23. Full trip information and application requirements can be found at the [Common Tides website](#).

Design Public Art

Submit a proposal to the City of Ames Public Art Commission to design electrical transformer box wraps or storm drain covers in an effort to beautify public infrastructure. Artists must submit their designs by Tuesday, Feb. 15. Requirements, templates and details can be found on the [City of Ames website](#).

Gain Gardening Expertise

Explore the world of cultivation through the upcoming gardening series at Reiman Gardens, Saturdays February through September. Sign up for individual classes, or register for the series to receive a discount, the full set of tools (and more) for free. Full details can be found on the [Reiman Gardens event webpage](#).

Research Chemistry in Mississippi

Participate in research with a faculty mentor through the Ole Miss Chemistry Department this summer. Underrepresented groups in science are encouraged to apply, including minorities, women, and first-generation college students. Submit applications by March 7, details can be found on the [Ole Miss Summer Chemistry Research Program website](#).

Give a Food Swipe to Fellow Students

Donate Flex Meals or Dining Dollars to fellow students facing food insecurity through ISU's Give a Swipe Program. Any student with a meal plan can donate swipes during this semester's donation period, February 7-11. As well as donating, student assistance is also needed to assist with tabling opportunities across campus. More information is available on the [ISU Dining website](#). Sign up to volunteer, through the [SignUpGenius link](#).

Advocate for Green Building

Become a US Green Building Council (USGBC) Community Member Ambassador to increase awareness and understanding of the power and value that USGBC brings to communities. Interested individuals can sign up through February, with orientation and the first monthly meeting taking place in March. Visit the [USGBC Ambassador Program webpage](#) for details.

FEBRUARY GREEN EVENTS CALENDAR

1-14 February, Varies | The Workshop

Wood You Be My Valentine? Walk-In Craft

Handmake a unique gift for your valentine at the Workspace! Paint or decoupage a flat wood heart cutout to spread the love in a way that is uniquely yours. Drop in February 1-14, \$8-\$10 in studio/ \$10-\$12 to go. Open to all ages if accompanied by an adult, visit the [ISU Student Engagement Webpage](#) for hours and full details.

4, 5 February, 7:30-9 p.m. | Fisher Theater

Project Earth: Barjché 2022

Watch Orchesis I Dance Company, from Iowa State University, present Project Earth, a program of dances inspired by themes of Sustainability and Climate Change, for their annual modern dance performance Barjche'. Admission is \$10 students; \$12 general admission. Tickets can be purchased via the [Iowa State Ticket Office](#).

9 February, 4:30-6:30 p.m. | Christian Petersen Art Museum & Morrill Hall Auditorium

Julie W Chang: Vibrant Matter Opening and Artist Lecture

Hear from Julie W. Chang about her work as both a public and studio artist in a lecture following the opening reception for her exhibition "Vibrant Matter" in the Christian Petersen Art Museum. This event is open and free to the public. Event details can be found on the [ISU University Museums event webpage](#).

23 February, 7 p.m. | Farwell T. Brown Auditorium

[Land Protection in a Changing Climate](#)

Join Ames Public Library, Outdoor Alliance of Story County and Joe McGovern, President of the Iowa Natural Heritage Foundation, to explore the opportunities and challenges in permanently protecting large blocks of wildlife habitat in central Iowa. This event is free to the public. More information can be found on the [Ames Public Library event webpage](#).

24 February, 6 p.m. | Farwell T. Brown Auditorium

[EcoChats: Ames Climate Action Plan Updates](#)

Get updated about the City of Ames Climate Action Plan progress. Project team members will present about the plan's timeline, current status and opportunities to offer input and get involved. The event is free and open to the public. More information can be found on the [Ames Public Library event webpage](#).

[Explore All Live Green! Calendar Events](#)

Have a green event, initiative or accomplishment that you would like to have featured? Share it with us via email at livegreen@iastate.edu.

RECIPES AND GREEN-IT-YOURSELF (GIY)

Demonstrate love for the environment, yourself and others this month through small actions and projects that can culminate into a more sustainable future. For more ideas on how to take small steps toward a greater sustainable impact, attend the [2022 Sustainapalooza](#) on February 22!



[Fabric Flowers](#)

Express long-lasting love this Valentine's Day with a bouquet of t-shirt flowers.



[Snuffle Mat for Pets](#)

Ignite the primal foraging senses of your pet using a homemade snuffle mat.



[Reusable Tea Bags](#)

Cut back on waste from your daily cup of tea by stitching up a reusable tea bag.



[Chocolate Stirring Spoons](#)

Add some extra sweetness to a warm beverage with these unique stirring spoons!



[No-Bake Granola](#)

Nourish yourself with a sustaining breakfast or snack - no oven necessary!



[Heart Cinnamon Roll](#)

Bake a festively-shaped pastry to tell your valentine how sweet they are.

[Find More Recipes and GIYs on the Live Green! Pinterest Page](#)

STAY CONNECTED TO LIVE GREEN!

livegreen.iastate.edu



Live Green! Monthly is a monthly publication from the Office of Sustainability at Iowa State University. Live Green! is Iowa State University's campus-wide sustainability initiative, encouraging all students, faculty and staff to be fully committed to and engaged in making our projects and initiatives, our operations and our campus environmentally, economically and socially sustainable.

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